



VCSS Menu

May 12-16

MONDAY

BREAKFAST

WAFFLES
CEREAL BAR

LUNCH

SHELL SOUP
W/CHICKEN
CORN TORTILLA
VEGGIES
FRESH FRUIT

TUESDAY

BREAKFAST

EGG W/
TURKEY HAM
YOGURT

LUNCH

MEATBALLS
MASHED POTATO
VEGGIES
FRESH FRUIT

WEDNESDAY

BREAKFAST

FRECH TOAST
CEREAL BAR

LUNCH

RICE W/CHICKEN
BREAD
VEGGIES
FRESH FRUIT

THURSDAY

BREAKFAST

QUESADILLAS
W/TURKEY HAM
YOGURT

LUNCH

MACARRON
W/CHEESE
W/SLICED TURKEY HAM
VEGGIES
FRESH FRUIT

FRIDAY

BREAKFAST

HOTCAKE
CEREAL BAR

LUNCH

CHICKEN SOFT TACOS
CHEESE
PINTO BEANS
VEGGIES

The menu is subject to change according to the grocery's availability.

Breakfast is served from 7:15 am to 8:00 am.

Water is always available.

Milk served with lunch.

VCSS is a nut-free facility.